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**MEASURABLE**

**INTRODUCTION TO SMART GOALS**

Smart goals allow us to establish to set realistic goals that can be achieved over your desired time period.

**Express**

**Strategic**

**Planning**

* How long will it take to accomplish the goal?
* When is the completion of this goal due?
* When am I going to work on this goal?
* Is this a realistic goal?
* Is this right time?
* Do I have the necessary resources to accomplish the goal?
* Is the goal in-line with my long-term objectives?
* How can the goal be accomplished?
* What are the logical steps I should take?
* How will I measure my progress?
* How will I know when the goal is accomplished?
* What do I want to accomplish?
* Why do I want to accomplish this?
* What are the requirements?
* What are the constraints?

**TIME-BOUND**

**RELEVENT**

**ACHIEVABLE**

**SPECIFIC**

T

R

A

M

S

**GOALS**

**1**

**2**

**3**

**Express**

**Strategic**

**Planning**

**METRICS – GOAL 1**

1.

2.

3.

4.

**OPPORTUNITIES & INITATIVES**

**METRICS – GOAL 2**

1.

2.

3.

4.

**METRICS – GOAL 3**

1.

2.

3.

4.















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